



# SASKSONO19

DEEP DIVE – BEYOND TEST PERFORMANCE, EXPLORING THE ROLE  
OF POCUS IN IMPROVING PATIENT CARE



# SASKSONO19 – DEEP DIVE INTO POCUS

## CONFERENCE DESCRIPTION

This year's theme: Deep Dive - Beyond test performance, integrating POCUS for improved outcomes. An interactive day of instruction in clinical ultrasonography designed to meet the learning needs of clinicians throughout the spectrum of patient care. The target audience includes family physicians, emergency physicians, internists, anesthesiologists, intensivists, and pediatricians, residents, medical students, nurses, nurse practitioners, and paramedics who manage critically ill patients.

## CLINICIAN WELLNESS

USASK CME is committed to student, resident and clinician wellness and as such we have formally integrated opportunities for exercising and recharging throughout the conference. These are optional opportunities in recognition of the fact that wellness may mean different things to each of us.

## CONFERENCE SCHEDULE

Saturday, March 2, 2019		
0730	"Run at the speed of sound" or "Sound walk with talk" (Optional) <i>Meet at old main entrance of Royal University Hospital</i> Clinician wellness is a focus of this activity	
0900	Conference Introduction & Treaty 6 Acknowledgement	
0915	Keynote	DEEP DIVE into Emergency Ultrasound <i>Dr. Daniel Kim</i>
0945	Keynote	DEEP DIVE into Pediatric Ultrasound <i>Dr. Peggy Lambos</i>
1015	Refreshment Break & Relocation Break Wellness oriented with healthy snacks offered	
1030	Concurrent #1	SONOEXPO <i>Dr. Tom Guzowski &amp; Dr. Faisal Al-Sani</i>  For those interested in exploring the spectrum of POCUS applications at USASK, we are excited to offer you deep dives into Inflammatory Bowel ultrasound as well as Pediatric EM ultrasound. And as usual, expect at least 30 minutes of hands on scanning and anatomy learning as well! This is a great opportunity for students and residents to explore applications outside the core USASK POCUS curriculum.
1030	Concurrent #2	FUNdamentals  POCUS 101 will be an introductory session for those new to clinical ultrasonography/Point of Care Ultrasound (POCUS). It will include flipped content sent to you before the conference as well as a quiz. The workshop will include a brief review of key concepts and hands on scanning practice of three core applications: scanning for abdominal and pleural fluid as well as pericardial effusion. Completion will include an assessment which, if passed, makes you eligible for more supervised scanning in the afternoon!
1030	Concurrent #3	PROfounder Session <i>Dr. Daniel Kim, Dr. Peggy Lambos, Dr. Paul Olszynski</i>

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		<p>Clinician wellness is incorporated in this session</p> <p>USask's first ever <b>multidisciplinary POCUS Round Table</b> will give Saskatchewan clinicians a chance to further guide the adoption and integration of POCUS throughout the province of Saskatchewan. We hope to establish provincial recommendations on training, scope of practice, documentation and quality assurance. Key recommendations will then be shared with the entire conference audience at the last session of the day for feedback and ratification. There will be flipped content sent out for this session including a draft framework document.</p>
1200	<p>Mid-Day Yoga Session (Optional)</p> <p>Clinician wellness is a focus of this activity</p>	
1215	<p>Lunch &amp; Exhibits</p> <p>Wellness oriented with a healthy lunch offered</p>	
1300	Concurrent #4	<p>FUNDamental Session <i>Dr. Troy Appleton &amp; Dr. Rachit Batta</i></p> <p>Always inspiring, educational and a good time, the students square off with their abstracts and then go head to head in the sonogames.</p>
1300	Concurrent #5	<p>PROfounder Session</p> <p>Clinician wellness is incorporated in this session</p> <p>Struggling with an application or two? Need some POCUS coaching? Here's your chance! Instructors qualified in basic, diagnostic and resuscitative POCUS will be on hand to help you take your scanning to the next level for 3 straight hours! And if that seems a bit daunting – don't sweat it, we'll offer a mid-point stretch and re-energizing session. This way you'll be sure to finish strong as you head into the final hour which will include a detailed assessment of your skills!</p>
1600	<p>Refreshment &amp; Relocation Break</p> <p>Wellness oriented with healthy snacks offered</p>	
1615	Plenary	<p>USASK POCUS Framework</p> <p>We will present the main recommendations for a USASK POCUS Framework as developed by the Round Table panels and participants. The audience will have the opportunity to provide feedback and vote using an audience response system.</p>
1700	<p>Closing Remarks &amp; Adjourment</p>	